

<p><b>Emotional Support</b></p> <p><b>Respecting Physical Space</b></p>	<p>Empathy, compassion, and genuine concern for your partner. Some examples are being respectful of their feelings and saying positive things both in public or private settings.</p> <p>Allowing your partner to be alone or with others as they please. Being respectful of their items, pets, and children. Touching them only in respectful ways and with appropriate consent.</p>
<p><b>Non-threatening Behavior</b></p> <p><b>Empowerment</b></p>	<p>Speaking and acting in a way that allows one's partner to feel safe and comfortable expressing themselves and interacting.</p> <p>Recognizing and respecting your partner's background, including: race, class, education, wealth, politics, ability, religion, sexual orientation, and gender identity. This includes recognizing their needs and obligations as equally important to your own.</p>
<p><b>Responsible Parenting</b></p> <p><b>Economic Partnership</b></p>	<p>Sharing parenting responsibilities, being a positive non-violent role model for children, making parenting agreements together and fulfilling them, and being careful not to put children in the middle of arguments.</p> <p>Making financial decisions together. Both partners benefit from economic security. Each partner is allowed to make their own purchases and both partners encourage each other's career and educational growth.</p>
<p><b>Sexual Consent &amp; Respect</b></p> <p><b>Negotiation &amp; Shared Responsibility</b></p>	<p>Discussing safe sex and respecting each partner's right to protection, respecting a partners HIV &amp; STI status and treatment, allowing them to say no to sex at any time and respecting their decision, and negotiating sex in a way that respects both partners. Pressuring or coercion to make a partner "give in" is not consent.</p> <p>Agreeing on a fair distribution of work, making family decisions together, seeking mutually agreeable resolution to conflicts, and being willing to compromise.</p>
<p><b>Trust &amp; Support</b></p> <p><b>Honesty, Accountability &amp; Respect</b></p>	<p>Supporting a partner's goals and respecting a their right to their own feelings, friends, activities, and opinions. Being dependable, reliable, and keeping your word. Being open, engaging in only honest behaviors and respecting each other's boundaries.</p> <p>Accepting responsibility for yourself, admitting when you are wrong, and communicating honestly and openly. Listening to your partner openly and without judgement, being emotionally understanding, and valuing one another's opinions.</p>
<p><b>Lesbian, Gay, and Bisexual Empowerment</b></p> <p><b>Trans Empowerment</b></p>	<p>Supporting your partner's identity and connections to the community, and allowing a partner to choose how and when to come out.</p> <p>Supporting your partner in expression of their gender identity and connections to the community, validating their gender, allowing them to choose who to come out to and when Using the proper pronouns and name correctly and with respect.</p>